

Burdett-Coutts & Townshend CE Primary School
Autumn/Winter 2023/2024 Lunch Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Cacciatore	Spaghetti Bolognaise (beef mince)	Cumberland Sausages	Roast Beef	Fish Goujons
Main vegetarian	Quorn Cacciatore	Spaghetti Bolognaise (Quorn mince)	Vegetarian Sausages	Quorn Roast	Quorn Goujons
Starchy side	Plain rice	Garlic Bread	Creamy mashed potato	Roast Potatoes Roast Pumpkin Yorkshire Puddings	Chips
Vegetable	Carrots Green Beans	Broccoli Sweetcorn	Sweetcorn Broccoli	Cauliflower florets (optional cheese sauce) Sweetcorn	Fresh steamed garden peas
Salad & condiments	Salad selection: mixed leaves, cucumber batons, carrot sticks, celery sticks, cherry tomatoes & hummus Salad Dressing Vinaigrette Mayonnaise	Green Salad & toppings: tomato wedges, cucumber slices & sweetcorn Salad Dressing Vinaigrette Mayonnaise	Green Salad & toppings: tomato wedges, cucumber slices & sweetcorn Salad Dressing Vinaigrette Mayonnaise	Horseradish Sauce Gravy	Green Salad & toppings: tomato wedges, cucumber slices & sweetcorn Mayonnaise Tartare sauce Tomato ketchup
Dessert	Sponge Cake & Custard Fruit Platter Selection	Rice Pudding & Jam Fruit Platter Selection	Natural yogurt (Summer Berry or Mango coulis) Fruit Platter Selection	Apple pie & ice-cream Fruit Platter Selection	Shortbread biscuit & orange wedge Fruit Platter Selection
Drink	Water or Milk	Water or Milk	Water or Milk	Water or Milk	Water or Milk

Burdett-Coutts & Townshend CE Primary School
Autumn/Winter 2023/2024 Lunch Menu – Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta bake (optional cheese)	Fresh beef burger in brioche bun & fillings	Stir Fry Chicken in Teriyaki Sauce	Roast Pork	Fish Goujons
Main vegetarian	Pasta bake (optional cheese)	Southern Style Quorn burger in brioche bun & fillings	Stir Fry Quorn Chicken in Teriyaki Sauce	Quorn Roast	Quorn Goujons
Starchy side	Included in dish	Included in dish	Rice with lime & coriander	Roast Potatoes Roast Pumpkin Yorkshire Puddings	Chips
Vegetable	Sweetcorn Green Beans	See salad selection below	Peas Carrots	Broccoli Sweetcorn	Fresh steamed garden peas
Salad & condiments	Green Salad & toppings: tomato wedges, cucumber slices & sweetcorn Salad Dressing Vinaigrette Mayonnaise	Salad selection: sliced beetroot, sliced cheese, grilled onion, gherkins, sliced lettuce Burger sauce Tomato Ketchup Mayonnaise	Green Salad & toppings: tomato wedges, cucumber slices & sweetcorn Salad Dressing Vinaigrette Mayonnaise	Apple sauce Gravy	Green Salad & selection of toppings: tomato wedges, cucumber slices, sweetcorn Mayonnaise Tartare sauce Tomato ketchup
Dessert	Rice Krispie Slice Fruit Platter Selection	Chocolate Cake Fruit Platter Selection	Natural yogurt (Summer Berry or Mango coulis) Fruit Platter Selection	Rice pudding & berry compote Fruit Platter Selection	Shortbread biscuit & orange wedge Fruit Platter Selection
Drink	Water or Milk	Water or Milk	Water or Milk	Water or Milk	Water or Milk

Burdett-Coutts & Townshend CE Primary School
Autumn/Winter 2023/2024 Lunch Menu – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Lasagna with beef mince	Chicken Chasseur Casserole	Loaded Jacket Potato	Roast Lamb	Fish Goujons
Main vegetarian	Lasagna with Quorn mince	Quorn Casserole	Loaded Jacket Potato	Quorn Roast	Quorn Goujons
Starchy side	Garlic Bread	Creamy Mashed Potato Rice	Included in dish	Roast Potatoes Roast Pumpkin Yorkshire Puddings	Chips
Vegetable	Sweetcorn Green Beans	Sweetcorn Broccoli	Baked Beans	Cauliflower florets (optional cheese sauce) Broccoli	Fresh steamed garden peas
Salad & condiments	Green Salad & toppings: tomato wedges, cucumber slices & sweetcorn Salad Dressing Vinaigrette Mayonnaise	Salad selection: tomato wedges, cucumber slices & lettuce Hummus Ketchup	Jacket potato toppings: grated cheese, tuna mayo, bacon bits & grilled onions Salad selection: mixed leaves, cucumber batons, carrot sticks & cherry tomatoes Hummus Sour cream	Mint sauce Mint jelly Gravy	Green Salad & selection of toppings: tomato wedges, cucumber slices & sweetcorn Mayonnaise Tartare sauce Tomato ketchup
Dessert	Natural yogurt (Summer Berry or Mango coulis) Fresh Fruit Platter	Apple Crumble Custard Fresh Fruit Platter	Flapjack Fresh Fruit Platter	Chocolate Brownie & ice-cream Fresh Fruit Platter	Rice Pudding & Berry Compote Fruit Platter Selection
Drink	Water or Milk	Water or Milk	Water or Milk	Water or Milk	Water or Milk