



Parents' & Carers' Forum

We believe in providing parents and carers with a platform where their voices and views can be seen, heard and valued.

The Mental Health Support Team in Westminster is organising the next Parents & Carers Forum which is an opportunity to meet other parents and carers from different schools and discuss the challenges children and families are currently facing in regards to their wellbeing and mental health.

We wanted to open this group to the parents who are interested in emotional health and wellbeing and would like to share their experience with other parents in a safe space.

As a thank you for your attendance we are offering **£10 Sainsbury's voucher.**

The next Forum is going to take place on **Wednesday 12th of July 2023 at 4:30PM** for half an hour on MS Teams. To join the meeting, copy and paste the link below in your browser:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZDY0MjMwNWQtN2M0ZC00MWU5LTg4MGQtMTNkMTBkNjYyMjRl%40thread.v2/0?context=%7b%22Tid%22%3a%2241e6bc23-2f98-4bf6-8efe-8bb6a5039fa2%22%2c%22Oid%22%3a%220f67644d-bae3-46ab-b194-bc7b671fc00b%22%7d

In the meeting you will have a chance to:

- Share your views and experiences around the use of mental health services by children and young people.
- Talk to other parents and carers about the needs of children and young people in Westminster, current challenges your child is facing and what support is needed to improve children and young people's wellbeing.
- Learn about our support and other services available in Westminster.
- Give your feedback on the support from Mental Health Support Team.



For more information or to show your interest, please email:

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 **Mind**
Brent, Wandsworth
and Westminster

Charity No. 292708